

NUESTROS SERVICIOS TAMBIEN SON EN ESPAÑOL

Call and we will answer any concerns.

Llámenos y le responderemos cualquier inquietud.

OROFACIAL **My**OLOGY

CONQUERING SMILES



Los signos y síntomas más frecuentes, para tener en cuenta, en los desordenes MIOFUNCIONALES, pueden ser:

- déficit en coordinación de funciones alimenticias
- Hipotono orofacial
- Interposición lingual en HABLA, DEGLUCIÓN y REPOSO
- Indentaciones linguales (Maloclusiones)
- Permanencia de dieta blanda (única) posterior a los 12 meses de una cirugía
- Babeo persistente
- Posición lingual alterada para puntos de articulación de fonemas: /t, d, s, rr/
- Presencia de hábitos orofaciales

La maloclusión produce tanto en las primeras edades como en adultos, diferentes problemas:

- Problemas de tipo-psicosocial estéticos
- Problemas funcionales: de deglución, masticación, de fonación, de la articulación temporo mandibular.
- Problemas de deterioro dental.

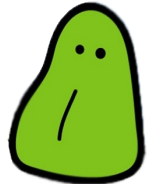


Multilinguabilities

"Learning ways, living better"

WITH OROFACIAL MYOLOGY TECHNIQUES WE ELIMINATE:

**TONGUE THRUST,
THUMB SUCKING,
MOUTH BREATHING
AND OTHER
OROFACIAL DISORDERS.**



CON EL USO DE TERAPIAS MIOFUNCIONALES LOGRAMOS LA ELIMINACIÓN:

**CHUPAR EL DEDO, RESPIRACIÓN
BUNCAL, FRENILLO LINGUAL,
PROBLEMAS DE ARTICULACIÓN, Y
DE DEGLUCIÓN (MORDIDA
ABIERTA).**



TERAPIA

MIOFUNCIONAL

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Multilinguabilities

Why be concerned about oral myofunctional disorders or 'tongue thrust'?



With a tongue thrust, during the act of swallowing, an incorrect positioning of the tongue may contribute to

misaligned facial development and the resultant **misalignment of the teeth.**

This can cause:

- negative effect on the development of the teeth
- speech patterns may become distorted or misarticulated

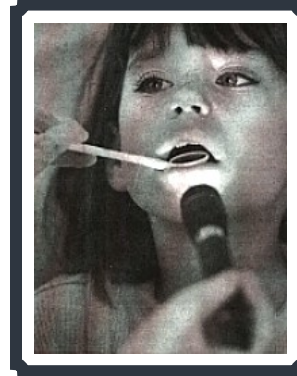
When Does Thumb Sucking Become Concern?

Prolonged thumb sucking after 4 years of age can act as a deterrent to the normal growth and development of skeletal, facial, nasal cavity, tooth alignment, lip structure, tooth eruption, palate, finger growth, speech, breathing and swallowing functions. That little thumb can do an awful amount of damage that many parents are not aware of.



What to look for, if you suspect an Orofacial Myofunctional imbalance:

- Habitual mouth breathing
- Lips apart at rest
- Forward visible tongue during eating or rest
- Facial smirk or grimace during swallow
- Lower lip squeeze during swallowing
- Golf ball appearance to chin with a swallow
- Speech difficulties - especially n,t,d,l,s,z,r,k,and g
- Messy eating, drooling, etc.
- Teeth that are visible in the presence of an arched upper lip
- A "bobbing head" at the completion of a swallow



Never hesitate to contact a specialist in this field if you have any concerns. No referral is necessary.



Lucero Vargas is a bilingual registered Speech Language Pathologist with 23 years of experience who is completing her Certification in orofacial myology.

Lucero provides guidance, support and proven strategies to make the elimination of bad habits as simple as possible.

First Steps

1. The first phone consultation is free! -

make the call. In the first call we will ask a variety of questions, to see if this is the right option for you. Tell us your concerns and make the appointment. Remember no referral is necessary.



2. The Assessment evaluates the habit in further detail.



3. The Treatment - After the first consultation and the assessment an individualized strategy plan will be designed.

